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Santa Cruz A Guide for Runners, Joggers and Serious Walkers, Eileen Brown, Steven Bignell, 2005, Hiking, 115 pages. Santa Cruz: A Guide for Runners, Joggers and Serious Walkers is an essential guide for anyone who lives in or visits Santa Cruz. You will find route descriptions including easy.

San Francisco Bay Area A Guide to the Bay Area's Greatest Hiking Adventures, Linda Anne Hamilton, Apr 1, 2003, Travel, 336 pages. This volume features more than 40 of the Bay Area's greatest hikes, with detailed descriptions and superb maps for each trail. Each chapter also includes an elevation profile.

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Trail Runners Guide: San Francisco Bay Area 50 Runs Around the Bay, , Oct 9, 2013, Sports & Recreation, 316 pages. "Trail Runner's Guide: San Francisco Bay Area covers the best trail runs in the region's parklands and open spaces. This informative guide provides the detailed routes with.

Mountain Biking Denver and Boulder, 2nd , Bob D'Antonio, Nov 1, 2002, Sports & Recreation, 192 pages. Describes 50 of the Denver/Boulder area's top mountain-biking destinations, including 11 new rides not included in the top-selling first edition..

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